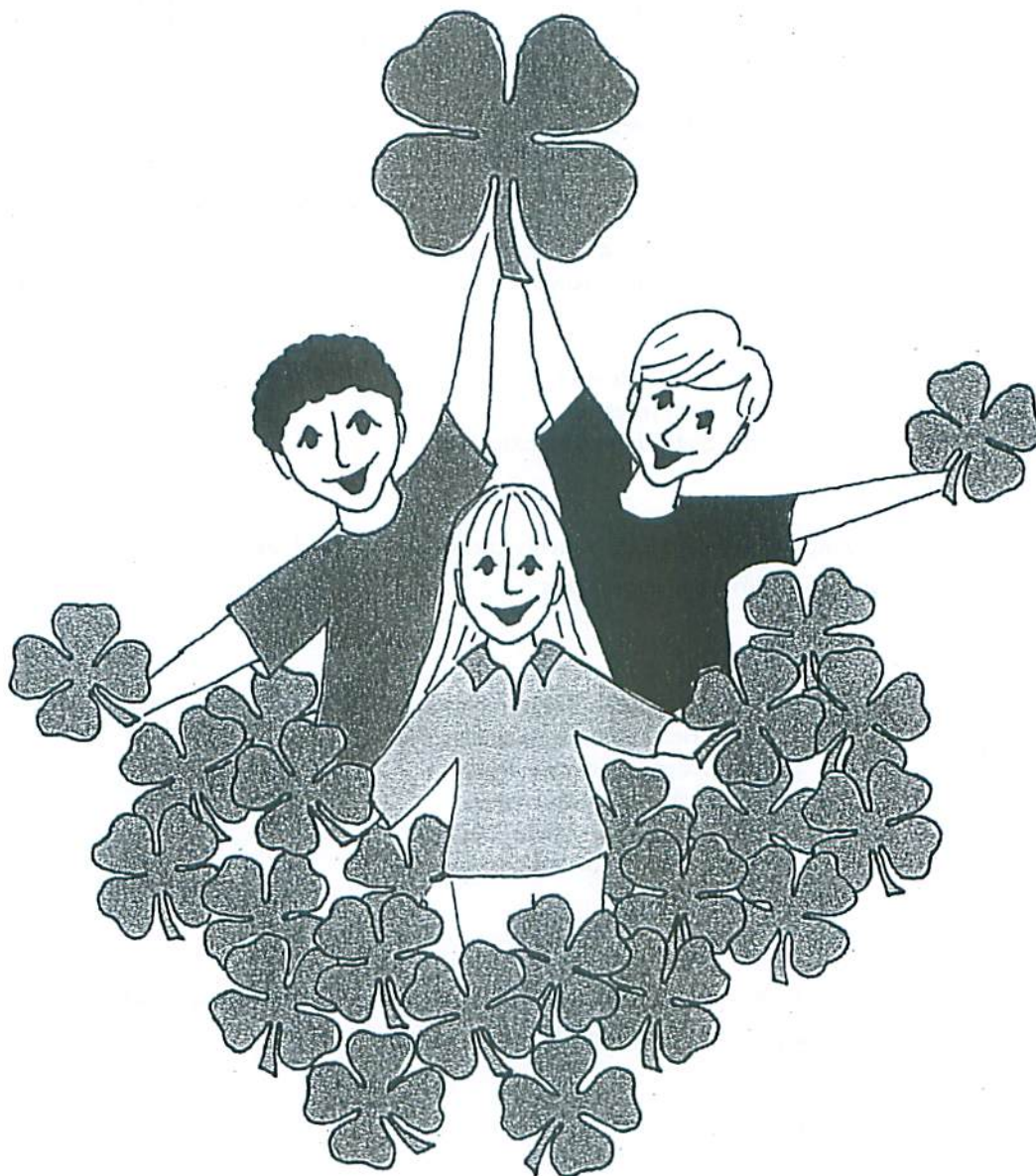


OHIO – K through 2

# Cloverbud Program



## Curriculum Instructional Materials

The Cloverbud Curriculum from Ohio State is older, so some of the information may be out of date. This being said, we hope you may find it a good resource to get ideas from.

– Riley County Extension

# Ohio K-2 Cloverbud Curriculum

Publication of the Ohio K-2 Cloverbud curriculum was made possible through an Innovative Program Grant sponsored by Ohio State University Extension and a grant through the Ohio 4-H Foundation. This project was designed to meet the needs of youth in kindergarten through the second grade. It is an eclectic, broad based approach focusing on cooperative learning in a non-competitive environment. The following individuals have given leadership to the development of the Ohio K-2 Cloverbud curriculum:

- ☼ **Senior Writer:** Bobbie Grawemeyer, Consultant  
Worthington, Ohio
- ☼ **Project Coordinator & Editor:** Gary Gibbons, Associate Professor  
Ohio State University Extension
- ☼ **Curriculum Consultant & Editor:** Robert L. Horton, Ph.D.  
Assistant Professor  
Ohio State University Extension

A special thanks to the following individuals for their involvement in the original task force which established much of the foundation for the Ohio K-2 Cloverbud curriculum:

Duane Plymale - District Specialist, 4-H  
Chuck Bell - District Specialist, 4-H  
Steve Joseph - County Agent  
Barb Phares - County Agent  
Ken Lafontaine - County Agent  
Robert Horton - State Specialist, 4-H

Please note that each lesson may have a contributing author listed on the final page. Our appreciation to all faculty and staff whose creative talents helped to make this publication possible.

## DEDICATION:

This publication is dedicated to the memory of Steve Joseph. We hope it will serve as a lasting reminder of his dedication and contribution of the future direction of Ohio's K-2 Cloverbud program.



 For-sale publication

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# Heart to Heart

## Celebrating Valentine's Day with Nursing Home Residents

### OBJECTIVES:

- To learn the value of giving to others.
- To learn the importance of being actively involved in the community.
- To understand the process of planning an activity for others.

*Note to the Volunteer:* Prior to visiting the nursing home, help the children prepare the refreshments and favors. Prepare the children for the visit by: practicing the songs and finger plays ahead of time; letting them know what to expect from your schedule of planned activities; and also what to expect from the nursing home residents.

### GROUP SIZE:

6 to 8 children per adult volunteer.

### TIME FRAME:

This lesson is designed for a group meeting between 30 and 60 minutes.

### BACKGROUND:

Help children learn the value of community service by planning a Valentine's Day party for residents of a local nursing home or convalescent center. Perhaps a 4-H member has a grandparent or friend in a nursing home that would welcome young visitors. Sing a few songs, make a valentine together, share a valentine treat, and leave a special valentine gift or favor are all activities that would be appreciated by senior citizens in a nursing home. Check with the center director or activities coordinator to determine what else residents might enjoy.



Celebrating Valentine's Day with Nursing Home Residents

Heart to Heart

### LIFE SKILL AREAS

Children will learn social skills by working together in planning and setting up the party. Decision making skills will be used by deciding what to include, how to present it, and who will be responsible for each job. Fine motor skills will be developed by decorating cookies and making valentines. Large motor skills will be developed by setting up for the party and participating in the motions to the songs.

### HELPS TO THE VOLUNTEER

*Try these suggestions:*

- Choose one or two of the following activities from each section.
- Try to create appropriate atmosphere by decorating the room with posters and props, using costumes related to the activity, pre-meeting preparation by the 4-H members, thinking about special seating arrangements, and playing background music.

Citizenship/Civic Ed  
Group Size: 6-8 children  
per adult volunteer



**LEARNING ACTIVITIES****I. GETTING STARTED**☀️ **ACTIVITY "Making Valentine Favors"****Grade Level:** K - 2

**Materials:** Milk chocolate candy "kisses," red or pink tissue paper cut into 8" squares, white curling ribbon cut in 18" lengths.

*Note to the Volunteer:* Do these activities prior to visiting the nursing home.

Talk about doing kind and thoughtful things for others. Ask if the children can think of anything kind and thoughtful that has been done for them lately. What was it? Who did it? Explain that you are going to do something nice for someone - you are going to make party favors for residents of a nursing home. Show them how to take several pieces of candy and place them in the center of two pieces of tissue paper (one piece is too thin). Gather the edges up and tie with lengths of curling ribbon. Have an adult curl the ends of the ribbon. Let the children decorate the little packages with stickers. Carefully tuck them into a box or bag and store them in a cool place until you need them.

**Application:** Ask children to think of kind and thoughtful things they can do at home for their parents and siblings.

☀️ **ACTIVITY "Decorating Sugar Cookies"****Grade Level:** K - 2

**Materials:** Several dozen heart shaped sugar cookies (baked ahead), canned white frosting, red food color, red decorator sugar, mixing bowl, spatula, wax paper, plastic knives and an air tight container or air tight sealable plastic bags.

Ask the children to wash their hands before beginning. Show the children the icing. Have them help you empty the container into the bowl. Ask if anyone has ever colored icing before. Let them decide how many drops of food coloring to put in. Count out loud as you put the drops in. Before icing the cookies, ask the children to remember to keep their hands clean. Ask how they think they can do this. (Remind them to keep their hands out of their mouth if it is not mentioned.) Tell the children they can ice a cookie for themselves after the rest are done. Give each child a piece of wax paper that measures approximately 18", several cookies, and a plastic knife. Drop several spoonfuls of icing on the corner of their paper and let them ice the cookies. Let them sprinkle red decorator sugar lightly on the iced cookies. Carefully package the cookies and save them for your visit to the nursing home. Let the children prepare for themselves - and for you - a cookie. Enjoy!

**II. DIGGING DEEPER**☀️ **ACTIVITY "On-Site Party Preparations / Clean-up"****Grade Level:** K - 2

**Materials:** Table for refreshments with table cloth, cookies, punch, cups, and napkins; table for making valentines with pre-cut construction paper pop-ups, scissors, stickers, markers.

Help the children plan ahead for getting ready and cleaning up after the party is over. Give them the responsibility of making a list of what's needed and making sure it is packed. Let them decide who will do each job necessary to set up the refreshment table and valentine making table. Let them also decide who will help with the clean-up.





ACTIVITY: "Making Pop-Up Valentines"

Grade Level: K - 2

Materials: Red, white, and pink construction paper, scissors, valentine stickers, markers, pop-up valentine pattern. (To save time, an adult can pre-cut and fold the valentines).



Encourage the children to make valentines with a special senior friend. Pair each child with a resident of the nursing home. Show them how to fold their valentines. Let them decorate it with stickers and markers. Help the children personalize the valentine for their senior friend with a message and their signature. When they are finished, have them present their valentine to their friend.

Note to the Volunteer: Have the children make several extra valentines to use in the "Cloverbud Art Exhibit" lesson in the subject area of Community / Expressive Arts.

Application: Ask the children to think of someone they could make a special valentine for at home.

III. LOOKING WITHIN

ACTIVITY "Sharing Special Valentine Songs"

Grade Level: K - 2

Materials: None.

Gather the children into a group to sing a few songs for the residents. Invite everyone to join along if they wish. Here are some suggestions for songs:

I'm a Little Valentine  
(sung to the tune of "I'm a Little Teapot")

- |                              |   |
|------------------------------|---|
| I'm a little valentine       | (cup hands to make a heart)                   |
| All white and red.           |   |
| I'm covered with hearts      | (point to several places on flat palm)        |
| From my toes to my head.     | (touch toes, then head)                       |
| I'm made with bits of ribbon | (tie a bow)                                   |
| And lots of glue.            | (use fingers to spread glue on opposite palm) |
| And I have a secret message  | (hold finger to lips)                         |
| That says, "I love you!"     | (cross arms over chest)                       |

10 Little Valentine Cookies  
(sung to the tune of "Ten Little Indians")

- One little, two little, three little valentines  
 Four little, five little, six little valentines.  
 Seven little, eight little, nine little valentines  
 Ten little valentine cookies.  
 Ten little, nine little, eight little valentines,  
 Seven little, six little, five little valentines.  
 Four little, three little, two little valentines  
 One little valentine cookie.

(hold up a finger for each number sung, reverse for the second verse)





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# IV. BRINGING CLOSURE

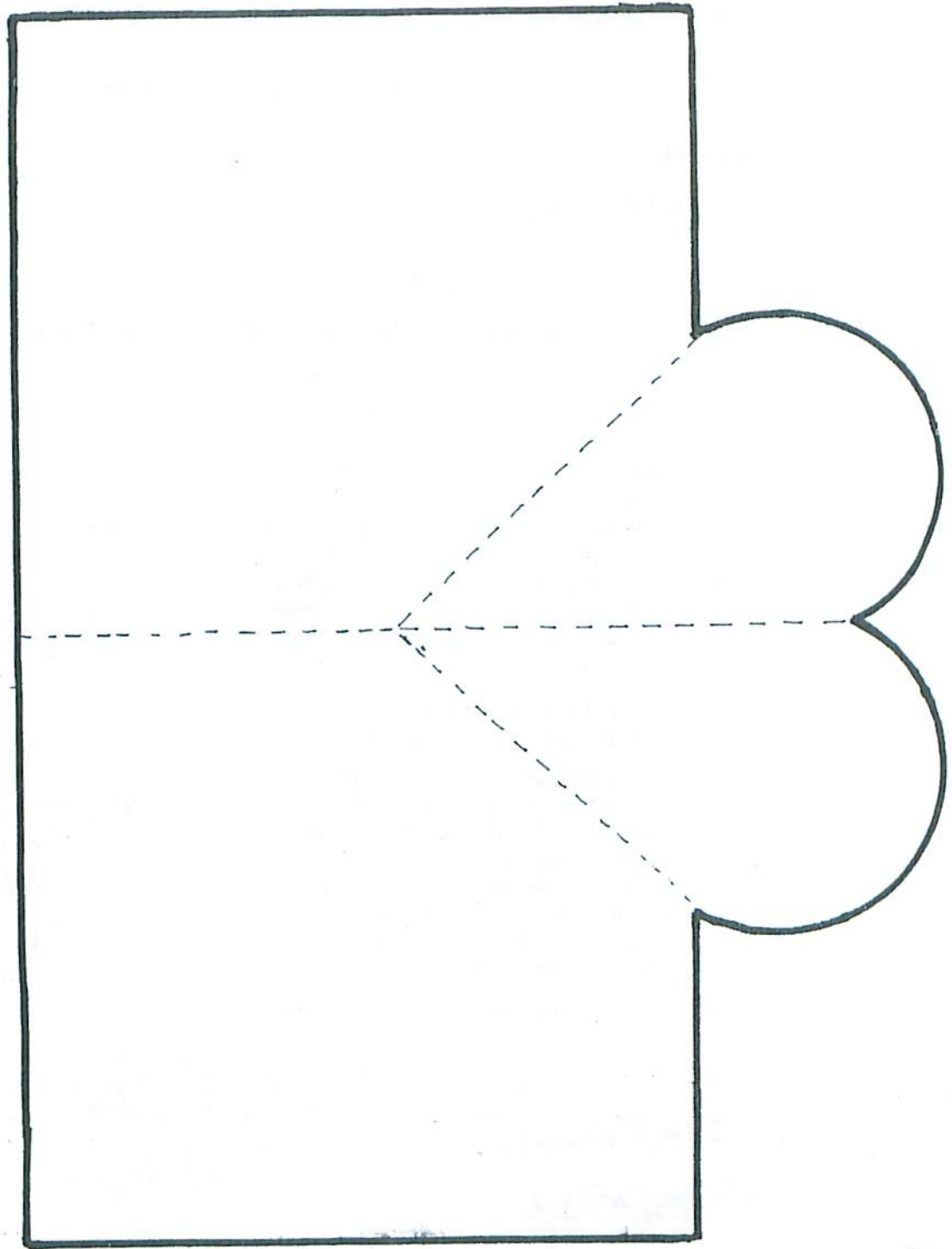
## ★ ACTIVITY "How Did It Go?"

Grade Level: K - 2

Materials: None.

Ask the children to think about the success of the valentine party:

- Was it what you expected?
- Did things run smoothly?
- Why or why not?
- Would you make any changes if you did it again?
- Did you learn anything from the experience? What?
- Would you do it again?





# FOOD DRIVE: JUMPING-JACK-ATHON

## OBJECTIVES:

- To develop a caring attitude towards the needs of the community.
- To appreciate the value of sharing with others.
- To understand the value of working as a team toward a common goal.

*Note to the Volunteer:* Use this lesson in conjunction with "Fitness Fun" in the subject area of Healthy Life Style. This lesson will involve more than one meeting.

## GROUP SIZE:

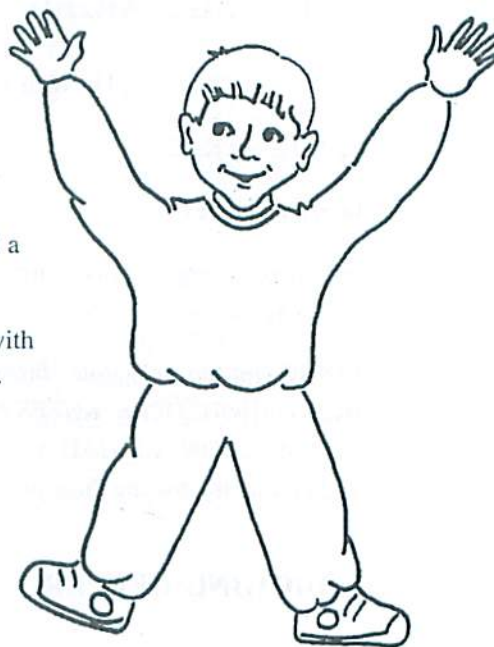
6 to 8 children per adult volunteer.

## TIME FRAME:

This lesson is designed for a group meeting between 30 and 60 minutes.

## BACKGROUND:

Help develop a sense of responsibility and an attitude of caring by sponsoring a Jumping-Jack-athon to collect canned goods for a local food pantry. Have the Cloverbuds ask parents, other family members, friends and neighbors for pledges of canned goods, or other non-perishable items, for completing a given amount of jumping jacks. Plan to have the Jumping-Jack-athon at a regular Cloverbud meeting. Invite parents to come and help count and complete the pledge forms.



FOOD DRIVE:  
JUMPING-JACK-ATHON

### LIFE SKILL AREAS

Social skills will be developed by working together as a group planning and carrying out the Jumping-Jack-athon. Gross motor skills will be developed by doing the jumping jacks. Fine motor and eye-hand coordination will be developed by making thank you notes.

### PREPARING AHEAD OF TIME

Explain to the children that not all families in their community are as fortunate as they are. Some families don't always have good, healthy things to eat, and a few children may even go to bed hungry some nights. Introduce the idea of a Jumping-Jack-athon. Explain to the group that for every 25 (or 50 or 100) jumping jacks the children do within 15 minutes, people can pledge, or promise, to donate one can of food from their cupboard. Show the children the pledge sheet and explain how it works. Ask them to approach family, friends, and neighbors but discourage having them go door to door. Plan your "Jump-athon" for the next meeting inviting parents to help count and tally jumping jacks. Don't forget to remind the children to wear comfortable shoes!

Citizenship/Civic Ed  
Group Size: 6-8 children  
per adult volunteer





# FOOD DRIVE: JUMPING-JACK-ATHON

## LEARNING ACTIVITIES

### I. GETTING STARTED

#### ACTIVITY "Warming Up With Songs"

Grade Level: K - 2

Materials: None.

Get started by singing some active songs. Here are a few suggestions:

- BINGO (for fun, substitute "Jumpy" for "Bingo")
- HEAD, SHOULDERS, KNEES AND TOES
- OLD MACDONALD HAD A TRAMPOLINE (E-I-E-I-O, and on that trampoline there jumped \_\_\_\_\_ ...).



### II. DIGGING DEEPER

#### ACTIVITY "On Your Mark, Get Set, Go: Doing Jumping Jacks"

Grade Level: K - 2

Materials: A tape or record player, music to jump by, an adult to lead the counting, fruit juice and light snack.

Have the children spread out, making sure everyone has plenty of space to jump. Explain that everyone will jump and count together. Do 25 to 50 jumping jacks at a time, stopping to rest and to record the jumps on each child's pledge form. After 15 minutes, stop the Jump-athon and have the children cool down by running slowly in place for a minute or so. Praise them for their efforts! Give everyone juice and a light snack; caution them to eat and drink slowly.

### III. LOOKING WITHIN

#### ACTIVITY "Making Thank You Notes for Donors"

Grade Level: K - 2

Materials: Construction paper, markers, food stickers or stamps.

Explain the importance of thanking people for helping make the Jumping-Jack-athon a success. Help the children make simple thank you cards by writing the words "Thank You" and their signature on a 4 x 6" piece of construction paper. Encourage them to decorate the card with stickers and markers. Let them take them home and distribute them when they make their collections.



Application: Ask the children to think of times they have received thank yous from others.

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Author: Bobbie Grawmeyer



# FOOD DRIVE: JUMPING-JACK-ATHON

## IV. BRINGING CLOSURE

### ACTIVITY "Grocery Store Alphabet Game"

Grade Level: K - 2

Materials: None.

Play this memory game to end the meeting. Have the children sit in a circle and pretend they are collecting their food donations. The first child thinks of a food that starts with the letter A, the second child thinks of a food starting with B, and so on around the circle. After they have completed the alphabet, test their memories by going through the alphabet again to see if they can remember each food.

**Application:** Ask the children to look for examples of these foods as they make their canned goods collections.



## V. GOING BEYOND

### ACTIVITY "Collecting Food Donations" \*

Grade Level: K - 2

Materials: Pledge sheet, grocery bags, Thank You notes, and an adult.

Instruct the children to telephone their donors from home to let them know what they "owe," and to ask when it would be convenient to pick up the food. Encourage them to take an adult along to help with the collections. Store the food in a grocery or garbage bag until the next meeting.

\* This activity will be completed by the children at home after the Jump-athon.

### ACTIVITY "Delivering the Food to the Food Panty" \*

Grade Level: K - 2

Materials: Pledge sheet, grocery bags, Thank You notes, and an adult.

Make arrangements for the Cloverbuds to deliver the food themselves. Enlist the help of parents to transport the children and the food. If possible, ask for a tour or a brief presentation about the food pantry.

\* This activity may be done as part of the next meeting.

**FOOD DRIVE:  
JUMPING-JACK-ATHON**

Citizenship/Civic Ed  
 Group Size: 6-8 children  
 per adult volunteer







# Our Flag



## OBJECTIVES:

- To appreciate what the United States Flag symbolizes.
- To learn to respect our flag.

## GROUP SIZE:

6 to 8 children per adult volunteer.

## TIME FRAME:

This lesson is designed for a group meeting between 30 and 60 minutes.

## BACKGROUND:

Help children learn about our country's most important symbol, the American flag. Help develop respect for our flag by teaching customs associated with it and proper flag etiquette. Encourage a sense of pride and patriotism by having the children listen to patriotic music and by marching in their own parade.

### LIFE SKILL AREAS

Social skills will be developed through group games and discussions. Fine motor skills and eye-hand coordination will be developed through the use of scissors and the group games. Large motor skills will be developed by participation in games and in the marching band.

### HELPS TO THE VOLUNTEER

*Try these suggestions.*

- Choose one or two of the following activities from each section.
- Try to create appropriate atmosphere by decorating the room with posters and props, using costumes related to the activity, pre-meeting preparation by the 4-H members, thinking about special seating arrangements, and playing background music.

Our Flag

Citizenship/Civic Education  
Group Size: 6-8 children  
per adult volunteer





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## LEARNING ACTIVITIES

### 1. GETTING STARTED



ACTIVITY "Patriotic I Spy" (7 - 9 minutes)

**Grade Level:** K - 2

**Materials:** A small American flag placed in the room inconspicuously.

Invite the children to play a game of "I Spy." Give hints such as:

- You can find me inside or outside.
- I can fly.
- I have stars and stripes.
- I am in parades.
- I am red, white, and blue.

After the children have discovered the flag, ask them these questions:

- Can you name some places you've seen flags fly?
- Why do we have flags?
- Can you name some holidays that flags are flown on?
- What are ways people respect the flag?

Share these interesting facts about the flag with the children:

- Each color represents something: red stands for hardiness and courage; white stands for purity and innocence; and blue stands for vigilance, perseverance, and justice.
- Each of the stars stands for one of the 50 states.
- Each stripe stands for one of the original 13 colonies.
- American flags should never touch the ground.
- June 14th is Flag Day; that's when our flag was adopted.
- Flags shouldn't fly in bad weather, or at night unless they have a spotlight on them.
- The American flag is over 200 years old!

**Application:** Ask the children to look throughout their community for American flags being displayed.



ACTIVITY "The Pledge of Allegiance" (5 - 7 minutes)

**Grade Level:** K - 2

**Materials:** An American flag, a posterboard with the words to the pledge on it.

Explain to the group that a pledge is like a promise. When you pledge your allegiance, or loyalty to the flag, that means you are making a promise to your country. Show the children how to put their right hand over their hearts. Help them recite the pledge:

I pledge allegiance to the flag  
Of the United States of America  
And to the Republic for which it stands,  
One Nation, under God,  
With liberty and justice for all.

Remind the children that showing respect for the flag is important.

**Application:** Ask the children to look at people the next time they are in a group saying the Pledge of Allegiance. People in military uniforms will salute the flag and men will remove their hats out of respect for the flag.





☀️ **ACTIVITY** "The 4-H Pledge" (3 - 5 minutes)

**Grade Level:** K - 2

**Materials:** A poster board with the 4-H pledge printed on it.

Remind the children that a pledge is like a promise. Just as the pledge of allegiance is a promise to our country, the 4-H pledge is a promise to our club, community, country, and to our world. Help them learn the 4-H pledge by reciting it with them:

I pledge:	
My head to clearer thinking,	(right hand points to forehead)
My heart to greater loyalty,	(right hand over heart)
My hands to larger service,	(arms slightly bent, palms up)
And my health to better living.	(arms at sides)
For my club, my community, my country, and my world.	

**Application:** Encourage the children to think of ways to fulfill these promises every day.

☀️ **ACTIVITY** Make Your Own "Old Glory" (5 - 7 minutes)

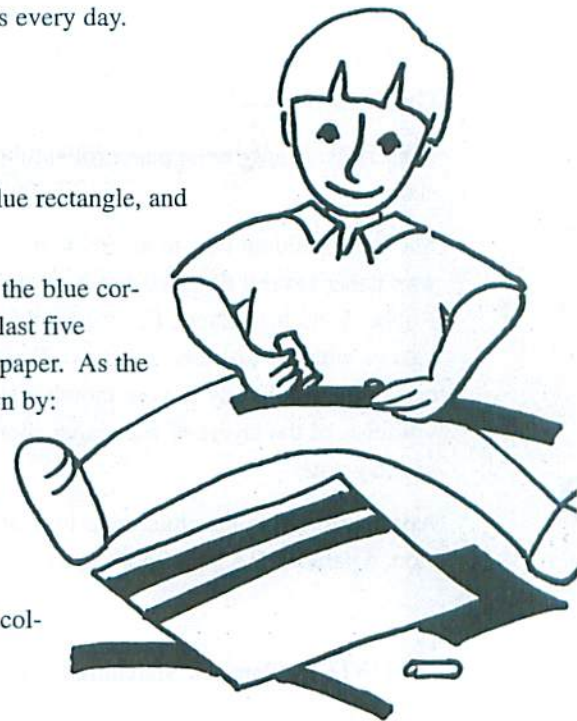
**Grade Level:** K - 2

**Materials:** Red, white, and blue construction paper: 5/8" red strips, 5 x 4" blue rectangle, and white for the base, scissors, glue, and white chalk.

Encourage the children to make a flag of their own. Show them how to glue the blue corner on and a red stripe at the top and bottom of the white paper, spacing the last five stripes evenly in the middle. Let them make stars with the chalk on the blue paper. As the children work, play patriotic music and talk about the names the flag is known by: "Old Glory," the "Star Spangled Banner," and the "Stars and Stripes."

*Note to the Volunteer:* Have the children make an extra flag to use in the Art Exhibit and Cloverbud Display lessons in the subject area of Community / Expressive Arts.

**Application:** Ask the children to examine an American flag closely. Are the colors printed on one piece of fabric or are separate pieces sewn together?



## II. DIGGING DEEPER

☀️ **ACTIVITY:** Let's Sing "Yankee Doodle" (5 to 7 minutes)

**Grade Level:** K - 2

**Materials:** None.

Have the children sit on the floor in a circle with their legs crossed. Each child's knees should be touching their neighbor's knees. Practice singing the song through once. Add actions by slapping your own knees, on the first syllable of "Yankee," your right knee and your neighbor's left knee on the second syllable, back to your own knees on the first syllable of "Doodle" and your left knee and your neighbor's right knee on the second syllable. Repeat the same sequence for each syllable of each word of the song. Start slowly and gradually build speed. You'll have a dandy time!



**Yankee Doodle**

Yankee Doodle went to London  
Just to ride a pony.  
Stuck a feather in his cap  
And called it macaroni.

Yankee Doodle keep it up.  
Yankee Doodle Dandee.  
Mind the music and your step  
And with the girls be handy.



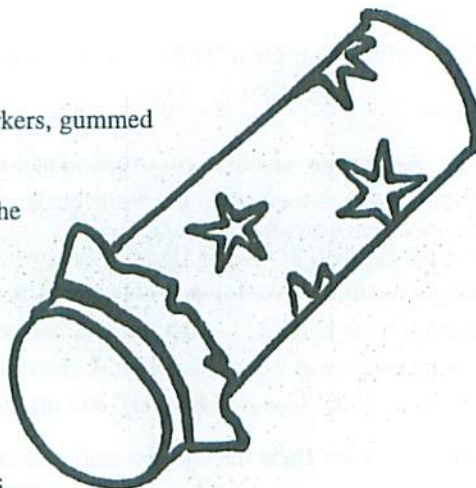
**Application:** Encourage the children to be aware of other patriotic songs they hear. What are they and when are they sung?

☀ **ACTIVITY:** "Making Kazoos" (10 - 12 minutes)

**Grade Level:** K - 2

**Materials:** Empty toilet paper rolls, rubber bands, wax paper, markers, gummed stars.

Show the children how to assemble their own kazoos by folding the wax paper several times so that it covers the end of the paper roll. Rubber band it in place. Encourage the children to decorate their kazoos with the markers and stars. Test the kazoos. Place the end of the roll lightly to your mouth and hum or sing. The vibration of the layers of wax paper should make your kazoos sound great!



**Application:** Ask the children to look at marching bands on television, a parade, or a local sporting event. What kinds of instruments do these musicians play?

☀ **ACTIVITY** "Patriotic Marching Band" (7- 9 minutes)

**Grade Level:** K - 2

**Materials:** A record or tape player, recordings of patriotic marches, kazoos, and an American flag.

Ask the children if they've ever seen a marching band. What do the musicians do? Help the children organize their own marching band. Select a child to carry the flag and to lead the parade. Have each child grab their kazoo, put on the music, and strike up the band! Encourage the children to hum to the music through their kazoos as they march. Let the children take turns being the leader.

**Application:** Ask the children to listen for patriotic music. Do they recognize any of the tunes? Is it "marching music?"

**III. LOOKING WITHIN**

☀ **ACTIVITY** "American Flag Seek and Find" (5 - 7 minutes)

**Grade Level:** K - 2

**Materials:** Reproduced Seek and Find puzzles.





## O U R F L A G

## CAN YOU FIND IT?

Look from left to right and up and down to see if you can find these words:

RED  
WHITE  
BLUE

FLAG  
AMERICAN  
RESPECT

STARS  
STRIPES  
PLEDGE

O	W	R	E	S	P	E	C	T	M	R
S	W	H	I	T	E	M	J	F	B	C
T	D	U	Z	R	D	P	B	L	U	E
A	M	E	R	I	C	A	N	A	V	P
R	F	X	O	P	Q	N	W	G	G	U
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A	B	S	R	S	P	L	E	D	G	E

#### IV. BRINGING CLOSURE

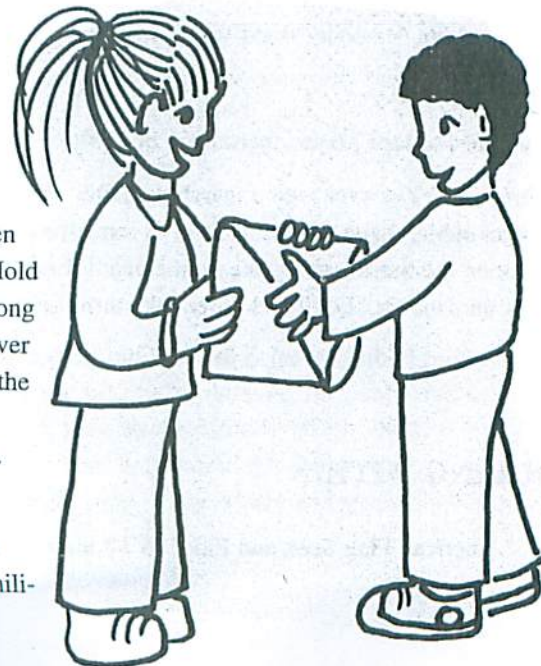
★ ACTIVITY "Folding the Flag" (7-9 minutes)

Grade Level: K - 2

Materials: A large American flag.

Help develop respect for the flag by teaching the children how to do a military fold when putting the flag away. Hold end of the flag; fold it lengthwise two times to make a long strip. Starting at the striped end, fold it into triangles, over and over until it is folded into a triangular shape. Tuck the edge in if needed. Help the children as they go along, reminding them to handle the flag with care and respect. Let each child have an opportunity to fold the flag.

**Application:** Ask the children to observe how people in their community take down their flags. Do they use a military fold? Where do they keep their flag?



OUR FLAG

Citizenship/Civic Education  
Group Size: 6-8 children  
per adult volunteer





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# Yankee Doodle

traditional



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